2019 Moda Health Medicare Advantage Plan

Thank you for your interest in applying for the Moda Health Medicare Advantage plan. Below are links to the items which are part of the Enrollment Packet you would receive if we were to mail it to you. Please take note and make sure to review the information. You will be receiving an "Enrollment Verification Call" from Moda Health within 7 days of the application receipt.

Enrollment Packet – click links below to download and save documents

Star Rating: <u>HMO / PPO</u> <u>Application Instructions</u> Summary of Benefits: <u>PPO-PPO Rx / PPO Rx Enhanced / HMO, HMO Basic & HMO Enhanced + Rx</u> <u>Provider Search</u> <u>Pharmacy Directory</u> Formulary

<u>Formulary</u>

Initial Enrollment Period (IEP)

If you are new to Medicare, you can enroll during your Initial Enrollment Period (IEP); the three months before, the month of, and the three months after your Part B effective date. Once you have been enrolled in a Medicare Plan, you can only make changes during the Annual Enrollment Period (AEP). Please be aware of the AEP dates are now October 15th to December 7th. This will give you a January 1st effective date for your new plan.

Annual Enrollment Period (AEP)

Applications must be signed and dated on, or between October 15th and December 7th. *If they are signed prior to October 15th they will be returned to you with a new application.* If they are received after December 7th, you will not be able to change plans until the next AEP for January of the following year.

Special Enrollment Period (SEP)

There are a number of reasons for Special Enrollments; Loss of a job that provides benefits, death of a spouse who's plan provided benefits, moving to an area where your old plan is not available, etc...

Once you submit your application to us, we will review your application for completeness and accuracy before we submit it to the company. You may fax, upload, email or mail your application in to CDA Insurance:

CDA Insurance LLC PO Box 26540 Eugene, Oregon 97402 Fax: 1.541.284.2994 or 888.632.5470 Secure File Upload: <u>Click here</u> Email: <u>cs@cda-insurance.com</u>

If you should have any questions on the application, please call a licensed insurance agent at 1.800.884.2343 or 1.541.434.9613. Our website: <u>https://medicare-oregon.com/</u>

Y0062_MULTIPLAN_CDA INSURANCE Oregon 2019

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In this booklet, you'll find:

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- Optional supplemental benefits (Extra Care) page 10

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Medical benefits

	Moda Health PPO	
	In-network	Out-of-network
Monthly plan premium	You pay \$24 per month.	
Deductibles	This plan does not	have a deductible.
Maximum out-of-pocket responsibility Does not include prescription drugs	Your yearly limit(s) in this plan: \$3,900 for services you receive from any Medicare provider.	
Inpatient hospital coverage	You pay a \$350 copay per day for days 1 through 5. You pay nothing per day for days 6 and beyond.	You pay a \$450 copay per day for days 1 through 5. You pay nothing per day for days 6 and beyond.
Outpatient hospital coverage		
Ambulatory surgical center	You pay a \$200 copay.	You pay a \$300 copay.
Outpatient surgery	You pay a \$200 copay.	You pay a \$300 copay.
Doctor visits Primary care provider (PCP)	You pay a \$20 copay per visit.	You pay a \$20 copay per visit.
Specialists	You pay a \$35 copay per visit.	You pay a \$35 copay per visit.
Preventive care	You pay nothing.	You pay 30% of the cost.
Emergency care	You pay a \$65 copay per visit.	You pay a \$65 copay per visit.
Urgently needed services	You pay a \$35 copay per visit.	You pay a \$35 copay per visit.

Moda Healtl	n PPORX (PPO)	What you should know
In-network	Out-of-network	Applies to both plans
You pay \$132 per month.		You must continue to pay your Medicare Part B premium.
This plan does no	ot have a deductible.	
Your yearly limit(s) in this plan: \$3,900 for services you receive from any Medicare provider.		If you reach the limit on your out-of-pocket costs, we will pay the full cost for your covered hospital and medical services for the rest of the calendar year. Please note that you will still need to pay your monthly premiums and cost sharing for your Part D prescription drugs.
You pay a \$295 copay per day for days 1 through 5. You pay nothing per day for days 6 and beyond.	You pay a \$450 copay per day for days 1 through 5. You pay nothing per day for days 6 and beyond.	Prior authorization is required in-network.
You pay a \$295 copay.	You pay 30% of the cost.	Prior authorization is required in-network.
You pay a \$295 copay.	You pay 30% of the cost.	Prior authorization is required in-network.
You pay a \$25 copay per visit.	You pay a \$40 copay per visit.	
You pay a \$35 copay per visit.	You pay a \$50 copay per visit.	
You pay nothing.	You pay 30% of the cost.	Any additional preventive services approved by Medicare during the contract year will be covered.
You pay a \$65 copay per visit.	You pay a \$65 copay per visit.	If you are admitted to the hospital within 24 hours, you do not have to pay your emergency care copay. Please see the "Inpatient Hospital Coverage" section of this booklet for other costs.
You pay a \$35 copay per visit.	You pay a \$35 copay per visit.	If you are admitted to the hospital within 24 hours, you do not have to pay your urgently needed services copay. Please see the "Inpatient Hospital Coverage" section of this booklet for other costs.

Medical benefits (continued)

	Moda Health PPO		
	In-network	Out-of-network	
Diagnostic services/labs/imaging			
Diagnostic radiology services (e.g. MRIs, CT scans)	You pay 20% of the cost.	You pay 30% of the cost.	
Diagnostic tests and procedures	You pay nothing.	You pay nothing.	
Lab services	You pay nothing.	You pay nothing.	
Outpatient x-rays	You pay 20% of the cost.	You pay 30% of the cost.	
Hearing services Exam to diagnose and treat hearing and balance issues	You pay a \$25 copay.	You pay a \$25 copay.	
Routine hearing exam for hearing aids	You pay a \$45 copay.	N/A	
Hearing aids	You pay \$699 or \$999 for each hearing aid.	N/A	
Dental services Medicare-covered only	You pay a \$35 copay.	You pay a \$35 copay.	
Preventive dental	\$500 combined maximum for	in and out-of network services.	
Vision Services			
Exam to diagnose and treat diseases and conditions of the eye (including yearly glaucoma screening)	You pay nothing.	You pay 30% of the cost.	
Eyeglasses or contact lenses after cataract surgery	You pay nothing.	You pay nothing.	
Routine eye exam (1 per year)	You pay nothing.	N/A	
Vision hardware (every 2 years)	You pay nothing.	N/A	
Mental health services			
Outpatient group therapy visit	You pay a \$20 copay.	You pay a \$20 copay.	
Outpatient individual therapy visit	You pay a \$20 copay.	You pay a \$20 copay.	
Skilled nursing facility (SNF)	You pay nothing per day for days 1 through 20. You pay a \$150 copay per day for days 21 through 100.	You pay nothing per day for days 1 through 20. You pay a \$150 copay per day for days 21 through 100.	

Moda Health PPORX (PPO)		What you should know
In-network	Out-of-network	Applies to both plans
You pay 20% of the cost.	You pay 30% of the cost.	Prior authorization is required in-network.
You pay nothing.	You pay nothing.	
You pay nothing.	You pay nothing.	
You pay 20% of the cost.	You pay 30% of the cost.	
You pay a \$30 copay.	You pay a \$50 copay.	
You pay a \$45 copay.	N/A	Douting begring overs and begring
You pay \$699 or \$999 for each hearing aid.	N/A	Routine hearing exam and hearing aids are through TruHearing.
You pay a \$35 copay.	You pay a \$50 copay.	Prior authorization is required in-network. This benefit does not include dental services for care, treatment, filling, removal or teeth replacement.
\$500 combined maximum for in and out-of network services.		
You pay nothing.	You pay 30% of the cost.	This benefit does not cover refraction services.
You pay nothing.	You pay nothing.	
You pay nothing.	N/A	Routine eye exam and vision
You pay nothing.	N/A	hardward are through VSP only
You pay a \$25 copay. You pay a \$25 copay.	You pay a \$40 copay. You pay a \$40 copay.	
You pay nothing per day for days 1 through 20. You pay a \$150 copay per day for days 21 through 100.	You pay nothing per day for days 1 through 20. You pay a \$150 copay per day for days 21 through 100.	Your plan covers up to 100 days in a skilled nursing facility. Prior authorization is required in-network.

Medical benefits (continued)

	Moda Health PPO		
	In-network	Out-of-network	
Physical therapy	You pay a \$35 copay.	You pay a \$35 copay.	
Ambulance	You pay a \$100 copay.	You pay a \$100 copay.	
Transportation	Not covered.	Not covered.	
Medicare Part B drugs	You pay 20% of the cost. This plan does not cover Part D prescription drugs.	You pay 25% of the cost. This plan does not cover Part D prescription drugs.	
Podiatry services Foot exams and treatment if you have diabetes-related nerve damage and/or meet certain conditions	You pay a \$35 copay.	You pay a \$35 copay.	
Medical equipment/supplies Durable medical equipment (wheelchairs, oxygen, etc.)	You pay 20% of the cost.	You pay 25% of the cost.	
Diabetes monitoring supplies	You pay nothing.	You pay nothing.	
Diabetes self-management training	You pay nothing.	You pay 30% of the cost.	
Therapeutic shoes or inserts	You pay 20% of the cost.	You pay 25% of the cost.	
Prosthetic devices (braces, artificial limbs, etc.) and related medical supplies	You pay 20% of the cost.	You pay 25% of the cost.	
Wellness program	You pay nothing.	N/A	
Chiropractic services We only cover manipulation of the spine to correct a subluxation (when 1 or more of the bones of your spine move out of position).	You pay a \$20 copay.	You pay a \$20 copay.	
Home health care	You pay nothing.	You pay nothing.	
Dialysis services	You pay 20% of the cost.	You pay 20% of the cost.	

Moda Health	PPORX (PPO)	What you should know
In-network	Out-of-network	Applies to both plans
You pay a \$35 copay.	You pay a \$50 copay.	Prior authorization is required in-network.
You pay a \$250 copay.	You pay a \$250 copay.	Copay applies for each one-way trip.
Not covered.	Not covered.	
You pay 20% of the cost.	You pay 30% of the cost.	Prior authorization is required in-network.
You pay a \$35 copay.	You pay a \$50 copay.	
You pay 20% of the cost.	You pay 30% of the cost.	Prior authorization is required in-network.
You pay nothing.	You pay nothing.	
You pay nothing.	You pay 30% of the cost.	
You pay 20% of the cost.	You pay 30% of the cost.	Prior authorization is required in-network. This benefit only covers Medicare-covered therapeutic shoes and inserts.
You pay 20% of the cost.	You pay 30% of the cost.	Prior authorization is required in-network.
You pay nothing.	N/A	With the Silver&Fit® program you may choose to work out in a fitness facility or in the comfort of your own home with access to home fitness kits (up to 2 kits per benefit year).
You pay \$20 copay.	You pay \$40 copay.	
You pay nothing.	You pay 30% of the cost.	Prior authorization is required in-network.
You pay 20% of the cost.	You pay 20% of the cost.	Prior authorization is required in-network.

Part D prescription drugs

	Moda Health PPO	Moda Health PPORX (PPO)		What you should know
Deductible	N/A	\$120		You begin in the deductible stage when you fill your first prescription of the year. During this stage, you pay the full cost of your drugs until you have paid \$120 for your drugs.
Initial coverage stage		31-day supply	93-day supply	Cost sharing amounts are the same when received from
Tier 1 (Preferred generic)		\$2 copay	\$6 copay	network retail, mail-order, and home infusion pharmacies as well as if you reside in a long-term
Tier 2 (Generic)	This plan does not cover Part D prescription drugs.	\$20 copay	\$60 copay	care facility. You may get up to a 31-day supply of drugs from an out-of-network pharmacy, but may pay more than you
Tier 3 (Preferred brand)		\$45 copay	\$135 copay	pay at a network pharmacy. Cost sharing may change when you enter another stage of the Part D benefit. For more
Tier 4 (Non-preferred brand)		\$100 copay	\$300 copay	information on the different stages, please contact Pharmacy Customer Service at 888-786-7509, 7 a.m. to
Tier 5 (Specialty tier)		30% of the cost	Not offered	8 p.m., Pacific Time, seven days a week. Or, access your Evidence of Coverage online at www.modahealth.com/medicare.

Optional supplemental benefits

You must pay an extra premium each month for these benefits

	Moda Health Extra Care	
How much is the monthly premium?	Additional \$6 per month. You must keep paying your Medicare Part B premium and your monthly plan premium. You can find your monthly plan premium on pages four and five.	
What benefits are included?	Benefits include naturopathic services, chiropractic services and acupuncture.	
How much is the deductible?	This benefit does not have a deductible.	
Is there a limit on how much the plan will pay?	Our plan pays up to \$500 every year. You pay 50% of the allowed cost for these services until the plan maximum of \$500 for all services combined is met, then you pay 100% of the cost.	

Additional information

This information is not a complete description of benefits. Call Member Services at 1-877-299-9062 for more information or visit us at www.modahealth.com/medicare.

If you are not a member of this plan, call toll-free 1-888-217-2375.

TTY users, call 711.

From October 1 to March 31, you can call us 7 days a week from 7:00 a.m. to 8:00 p.m. Pacific Time.

From April 1 to September 30, you can call us Monday through Friday from 7:00 a.m. to 8:00 p.m. Pacific Time.

Service area and eligibility requirements:

Moda Health PPO and Moda Health PPORX are Medicare Advantage PPO plans with a Medicare contract. To join Moda Health PPO or Moda Health PPORX (PPO), you must be entitled to Medicare Part A, be enrolled in Medicare Part B, and live in our service area.

Our service area includes the following counties in Oregon: Baker, Benton, Clackamas, Clatsop, Columbia, Coos, Crook, Curry, Deschutes, Douglas, Gilliam, Grant, Harney, Hood River, Jackson, Jefferson, Josephine, Klamath, Lake, Lane, Lincoln, Linn, Malheur, Marion, Morrow, Multnomah, Polk, Sherman, Tillamook, Umatilla, Union, Wallowa, Wasco, Washington, Wheeler, and Yamhill. Out-of-network/non-contracted Medicare providers are under no obligation to treat Moda Health PPO members, except in emergency situations. Please call our Member Services number or see your Evidence of Coverage for more information, including the cost sharing that applies to out-of-network services.

How to obtain additional materials

You can search our plans' online provider and pharmacy directory by clicking on the "Find Care" link on our website, www.modahealth.com/medicare. Or, call us and we will send you a copy of the provider and pharmacy directories.

To view the drugs covered by Moda Health PPORX (PPO), you can find our formulary on our website at www.modahealth.com/medicare. Or call us and we will send you a copy of the formulary.

This booklet gives you a summary of what we cover and what you pay. It doesn't list every service that we cover or list every limitation or exclusion. To get a complete list of services we cover, visit our website at www.modahealth.com/medicare or call us and ask for the "Evidence of Coverage."

If you want to know more about the coverage and costs of Original Medicare, look in your current "Medicare & You" handbook. View it online at http://www.medicare.gov or get a copy by calling 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.

This document is available in large print.

Moda Health Plan, Inc. is a PPO, HMO, and a PDP with a Medicare contract. Enrollment in Moda Health Plan, Inc. depends on contract renewal.

Low Income Subsidy premium

Moda Health PPORX (PPO)

Monthly plan premium for people who get Extra Help from Medicare to help pay for their prescription drug costs.

If you get extra help from Medicare to help pay for your Medicare prescription drug plan costs, your monthly plan premium will be lower than what it would be if you did not get extra help from Medicare. The amount of extra help you get will determine your total monthly plan premium as a member of our Plan.

This table shows you what your monthly plan premium will be if you get extra help.

Your level of extra help	Monthly premium for Moda Health PPORX*
100%	\$98.20
75%	\$106.60
50%	\$115.10
25%	\$123.50

*This does not include any Medicare Part B premium you may have to pay.

Moda Health PPORX's premium includes coverage for both medical services and prescription drug coverage.

If you aren't getting extra help, you can see if you qualify by calling:

- 1-800-MEDICARE (1-800-633-4227), TTY users should call 1-877-486-2048 (24 hours a day/7 days a week)
- Your State Medicaid Office, or
- The Social Security Administration at 1-800-772-1213. TTY users should call 1-800-325-0778 between 7 a.m. and 7 p.m., Monday through Friday

If you have any questions, please call Customer Service at 1-888-786-7509, (TTY: 711) from 7 a.m. to 8 p.m., seven days a week, Pacific Time.

Moda Health Plan, Inc. is a PPO, HMO, and a PDP with a Medicare contract. Enrollment in Moda Health Plan, Inc. depends on contract renewal.

Pre-enrollment checklist

Moda Health PPO and Moda Health PPORX plans

Before making an enrollment decision, it is important that you fully understand our benefits and rules. If you have any questions, you can call and speak to a member services representative at 1-877-299-9062.

Understanding the benefits

- Review the full list of benefits found in the Evidence of Coverage (EOC), especially for those services for which you routinely see a doctor. Visit modahealth.com/medicare or call 1-877-299-9062 to view a copy of the EOC.
- Review the provider directory (or ask your doctor) to make sure the doctors you see now are in the network. If they are not listed, it means you will likely have to select a new doctor.
- Review the pharmacy directory to make sure the pharmacy you use for any prescription medicines is in the network. If the pharmacy is not listed, you will likely have to select a new pharmacy for your prescriptions.

Understanding important rules

- In addition to your monthly plan premium, you must continue to pay your Medicare Part B premium. This premium is normally taken out of your Social Security check each month.
- Benefits, premiums and/or copayments/ coinsurance may change on January 1, 2020.
- Our plan allows you to see providers outside of our network (non-contracted providers). However, while we will pay for covered services provided by a non-contracted provider, the provider must agree to treat you. Except in an emergency or urgent situations, non-contracted providers may deny care. In addition, you will pay a higher copayment for services received by non-contracted providers.

Moda does not discriminate

Moda, Inc. follows federal civil rights laws. We do not discriminate based on race, color, national origin, age, disability, gender identity, sex or sexual orientation.

We provide free services to people with disabilities so that they can communicate with us. These include sign language interpreters and other forms of communication.

If your first language is not English, we will give you free interpretation services and/or materials in other languages.

If you need any of the above, call:

Medicare Customer Service, 877-299-9062 (TDD/TTY 711)

If you think we did not offer these services or discriminated, you can file a written complaint. Please mail or fax it to:

Moda, Inc. Attention: Appeal Unit 601 SW Second Ave. Portland, OR 97204 Fax: 503-412-4003

If you need help filing a complaint, please call Customer Service.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services Office for Civil Rights at ocrportal.hhs.gov/ocr/portal/lobby.jsf, or by mail or phone:

U.S. Department of Health and Human Services 200 Independence Ave. SW, Room 509F HHH Building, Washington, DC 20201 800-368-1019, 800-537-7697 (TDD)

You can get Office for Civil Rights complaint forms at hhs.gov/ocr/office/file/index.html.

Dave Nesseler-Cass coordinates our nondiscrimination work:

Dave Nesseler-Cass, Chief Compliance Officer 601 SW Second Ave. Portland, OR 97204 855-232-9111 compliance@modahealth.com ATENCIÓN: Si habla español, hay disponibles servicios de ayuda con el idioma sin costo alguno para usted. Llame al 1-877-605-3229 (TTY: 711).

注意:如果您說中文,可得到免費語言幫助服務。 請致電1-877-605-3229(聾啞人專用:711)

CHÚ Ý: Nếu bạn nói tiếng Việt, có dịch vụ hổ trợ ngôn ngữ miễn phí cho bạn. Gọi 1-877-605-3229 (TTY:711)

주의: 한국어로 무료 언어 지원 서비스를 이용하시려면 다음 연락처로 연락해주시기 바랍니다. 전화 1-877-605-3229 (TTY: 711)

PAUNAWA: Kung nagsasalita ka ng Tagalog, ang mga serbisyong tulong sa wika, ay walang bayad, at magagamit mo. Tumawag sa numerong 1-877-605-3229 (TTY: 711)

ВНИМАНИЕ! Если Вы говорите по-русски, воспользуйтесь бесплатной языковой поддержкой. Позвоните по тел. 1-877-605-3229 (текстовый телефон: 711).

> تنبيه: إذا كنت تتحدث العربية، فهناك خدمات مساعدة لغوية متاحة لك مجانًا. اتصل برقم 2229-605-3229 (الهاتف النصبي: 711)

ATANSYON: Si ou pale Kreyòl Ayisyen, nou ofri sèvis gratis pou ede w nan lang ou pale a. Rele nan 1-877-605-3229 (moun ki itilize sistèm TTY rele : 711)

ATTENTION : si vous êtes locuteurs francophones, le service d'assistance linguistique gratuit est disponible. Appelez au 1-877-605-3229 (TTY : 711)

UWAGA: Dla osób mówiących po polsku dostępna jest bezpłatna pomoc językowa. Zadzwoń: 1-877-605-3229 (obsługa TTY: 711)

ATENÇÃO: Caso fale português, estão disponíveis serviços gratuitos de ajuda linguística. Telefone para 1-877-605-3229 (TERMINAL: 711) ATTENZIONE: Se parla italiano, sono disponibili per lei servizi gratuiti di assistenza linguistica. Chiamare il numero 1-877-605-3229 (TTY: 711)

注意:日本語をご希望の方には、日本語 サービスを無料で提供しております。 1-877-605-3229 (TYY、テレタイプライター をご利用の方は711)までお電話ください。

Achtung: Falls Sie Deutsch sprechen, stehen Ihnen kostenlos Sprachassistenzdienste zur Verfügung. Rufen sie 1-877-605-3229 (TTY: 711)

> توجه: در صورتی که به فارسی صحبت می کنید، خدمات ترجمه به صورت رایگان برای شما موجود است. با 2229-605-3229 (TTY: 711) تماس بگیرید.

УВАГА! Якщо ви говорите українською, для вас доступні безкоштовні консультації рідною мовою. Зателефонуйте 1-877-605-3229 (TTY: 711)

ATENȚIE: Dacă vorbiți limba română, vă punem la dispoziție serviciul de asistență lingvistică în mod gratuit. Sunați la 1-877-605-3229 (TTY 711)

THOV CEEB TOOM: Yog hais tias koj hais lus Hmoob, muaj cov kev pab cuam txhais lus, pub dawb rau koj. Hu rau 1-877-605-3229 (TTY: 711)

โปรดหราบ: หากคุณพูดภาษาไหย คุณ สามารถใช้บริการช่วยเหลือด้านภาษา ได้ฟรี โหร 1-877-605-3229 (TTY: 711)

ត្រវចងចាំ៖ បើអ្នកនិយាយភាសាខ្មែរ ហើយត្រវ កា័រសេវាកម្មជំនួយផ្នែកភាសាដោយឥតគិតថ្លៃ័ គឺមានផ្តល់ជូនលោកអ្នក។ សូមទូរស័ព្ទទៅកាន់លេខ 1-877-605-3229 (TTY: 711)

HUBACHIISA: Yoo afaan Kshtik kan dubbattan ta'e tajaajiloonni gargaarsaa isiniif jira 1-877-605-3229 (TTY:711) tiin bilbilaa. Important plan information



601 S.W. Second Ave. Portland, OR 97204-3154 www.modahealth.com/medicare

Health plans in Oregon and Alaska provided by Moda Health Plan, Inc.