

## 2019 Health Net Medicare Advantage Plan Information

Thank you for your interest in applying for the Health Net Medicare Advantage plan. Below are links to the items which are part of the Enrollment Packet you would receive if we were to mail it to you. Please take note and make sure to review the information. Health Net will send out an outbound enrollment verification letter by mail within 15 calendar days from receipt of the enrollment request.

### Enrollment Packet – click links below to view the information

Star Rating: [HMO](#) / [PPO](#)

[Download Application](#)

Benefits: [Aqua \(N\)](#) / [Aqua \(S\)](#) / [Ruby \(pdx\)](#) / [Ruby Lane](#) / [Ruby \(ccdj\)](#) / [Ruby \(other\)](#) / [Ruby \(djj\)](#) / [Violet 1 \(North\)](#) / [Violet 1 \(South\)](#) / [Violet 2 \(clmw\)](#) / [Violet 2 \(mp\)](#) / [Violet 2 \(bly\)](#) / [Violet 2 \(dj\)](#) / [Violet 2 \(j\)](#) / [Violet 3](#)

[Providers](#)

[Formulary](#)

[Pharmacy Locator](#)

### Initial Enrollment Period (IEP)

If you are new to Medicare, you can enroll during your Initial Enrollment Period (IEP); the three months before, the month of, and the three months after your Part B effective date. Once you have been enrolled in a Medicare Plan, you can only make changes during the Annual Enrollment Period (AEP). Please be aware of the AEP dates are now October 15<sup>th</sup> to December 7<sup>th</sup>. This will give you a January 1<sup>st</sup> effective date for your new plan.

### Annual Enrollment Period (AEP)

Applications must be signed and dated on, or between October 15<sup>th</sup> and December 7<sup>th</sup>. ***If they are signed prior to October 15<sup>th</sup> they will be returned to you with a new application.*** If they are received after December 7<sup>th</sup>, you will not be able to change plans until the next AEP for January of the following year.

### Special Enrollment Period (SEP)

There are a number of reasons for Special Enrollments; Loss of a job that provides benefits, death of a spouse who's plan provided benefits, moving to an area where your old plan is not available, etc...

Once you submit your application to us, we will review your application for completeness and accuracy before we submit it to the company. You may fax, upload, email or mail your application in to CDA Insurance:

CDA Insurance LLC  
PO Box 26540  
Eugene, Oregon 97402

Fax: 1.541.284.2994 or 888.632.5470  
Secure File Upload: [Click here](#)  
Email: [cs@cda-insurance.com](mailto:cs@cda-insurance.com)

If you should have any questions on the application, please call a licensed insurance agent at 1.800.884.2343 or 1.541.434.9613. Our website: <https://medicare-oregon.com/>

Y0062\_MULTIPLAN\_CDA INSURANCE Oregon 2019

# Health Net

## 2019 Individual Enrollment Form



Please contact Health Net if you need information in another language or format (Braille).

**To enroll in Health Net, please provide the following information:**

**Please check which plan you want to enroll in.**

### Health Net Ruby (HMO)

(includes prescription drug coverage)

- |  |                |
|--|----------------|
| <input type="checkbox"/> H6815-003-001: Clackamas, Multnomah, and Washington counties, OR    | \$0 per month  |
| <input type="checkbox"/> H6815-003-002: Benton, Linn, Marion, Polk, and Yamhill counties, OR | \$0 per month  |
| <input type="checkbox"/> H6815-003-003: Lane County, OR                                      | \$0 per month  |
| <input type="checkbox"/> H6815-005: Douglas, Jackson, and Josephine counties, OR             | \$29 per month |
| <input type="checkbox"/> H6815-006: Coos, Crook, Deschutes, and Jefferson counties, OR       | \$84 per month |

### Health Net Violet 1 (PPO)

(includes prescription drug coverage)

- |  |                 |
|--|-----------------|
| <input type="checkbox"/> H5439-011: Benton, Clackamas, Lane, Linn, Marion, Multnomah, Polk, Washington, and Yamhill counties, OR; Clark County, WA | \$120 per month |
| <input type="checkbox"/> H5439-013: Douglas, Jackson, and Josephine counties, OR   | \$105 per month |

### Health Net Violet 2 (PPO)

(includes prescription drug coverage)

- |   |                |
|---|----------------|
| <input type="checkbox"/> H5439-014-001: Clackamas, Lane, Multnomah, and Washington counties, OR | \$19 per month |
| <input type="checkbox"/> H5439-014-002: Benton, Linn, and Yamhill counties, OR                  | \$24 per month |
| <input type="checkbox"/> H5439-014-003: Marion, and Polk counties, OR                           | \$32 per month |
| <input type="checkbox"/> H5439-014-004: Clark County, WA  | \$0 per month  |
| <input type="checkbox"/> H5439-016-001: Jackson County, OR                                      | \$25 per month |
| <input type="checkbox"/> H5439-016-002: Douglas, and Josephine counties, OR                     | \$25 per month |

### Health Net Violet 3 (PPO)

(includes prescription drug coverage)

- |   |               |
|---|---------------|
| <input type="checkbox"/> H5439-015: Douglas, and Josephine counties, OR | \$0 per month |
|---|---------------|

### Health Net Aqua (PPO)

(does not include prescription drug coverage)

- |  |                |
|--|----------------|
| <input type="checkbox"/> H5439-010: Benton, Clackamas, Lane, Linn, Marion, Multnomah, Polk, Washington, and Yamhill counties, OR; Clark County, WA | \$45 per month |
| <input type="checkbox"/> H5439-012: Douglas, Jackson, and Josephine counties, OR   | \$49 per month |

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Y0020\_19\_7977FORM\_M\_FINAL\_9016 Accepted 08192018



**Optional Supplemental Benefits for an additional monthly premium:**

**Health Net Ruby (HMO):** H6815-003-001, H6815-003-002, H6815-003-003, H6815-005, H6815-006

**Health Net Violet 1 (PPO):** H5439-011, H5439-013

**Health Net Violet 2 (PPO):** H5439-014-001, H5439-014-002, H5439-014-003, H5439-014-004,  
H5439-016-001, H5439-016-002

**Health Net Violet 3 (PPO):** H5439-015

**Health Net Aqua (PPO):** H5439-010, H5439-012

*Choose one:*

Comprehensive Dental PPO \$39 per month or:

Preventive & Diagnostic Plus Dental PPO \$19 per month

**Health Net Violet 2 (PPO):** H5439-014-001, H5439-014-002, H5439-014-004

Routine Vision \$4 per month

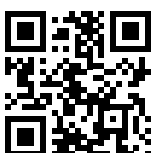
**Monthly plan premium amount** (including optional supplemental package premium amount)

\$

**Requested effective date**

<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
M	M	D	D	Y	Y	Y	Y

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**To enroll in Health Net, please provide the following information:**

Last name  First name  Middle initial   Mr.  Mrs.  Ms.

Birth date    Sex  M  F

M M D D Y Y Y Y

Home phone number  -  -

Alternate phone number  -  -

**Permanent residence street address**  
(PO Box is not allowed)

City  County  State  ZIP code

**Mailing address** (only if different from your permanent residence address)

Street address

City  State  ZIP code

**Email address** (optional)

**Emergency contact**  Phone number  Relationship to you

**Please provide your Medicare insurance information**

Please take out your red, white and blue Medicare card to complete this section.

- Fill out this information as it appears on your Medicare card.
- OR-
- Attach a copy of your Medicare card or your letter from Social Security or the Railroad Retirement Board.

Name (as it appears on your Medicare card)

Medicare number

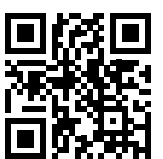
Is entitled to: HOSPITAL (Part A) Effective date

M M D D Y Y Y Y

MEDICAL (Part B)

M M D D Y Y Y Y

You must have Medicare Part A and Part B to join a Medicare Advantage plan.



## Paying your plan premium

**For Medicare Advantage Prescription Drug plans with no premiums: If we determine that you owe a late enrollment penalty (or if you currently have a late enrollment penalty), we need to know how you would prefer to pay it. You can pay by mail, Electronic Funds Transfer (EFT), or credit card each month. You can also choose to pay your premium by automatic deduction from your Social Security or Railroad Retirement Board (RRB) benefit check each month. If you are assessed a Part D-Income related Monthly Adjustment Amount, you will be notified by the Social Security Administration. You will be responsible for paying this extra amount in addition to your plan premium. You will either have the amount withheld from your Social Security benefit check or be billed directly by Medicare or the RRB. DO NOT pay Health Net the Part D-IRMAA.**

**For all plans with premiums: You can pay your monthly plan premium (including any late enrollment penalty that you currently have or may owe) by mail, Electronic Funds Transfer (EFT), or credit card each month. You can also choose to pay your premium by automatic deduction from your Social Security or Railroad Retirement Board (RRB) benefit check each month.**

**If you are assessed a Part D-Income Related Monthly Adjustment Amount, you will be notified by the Social Security Administration. You will be responsible for paying this extra amount in addition to your plan premium. You will either have the amount withheld from your Social Security benefit check or be billed directly by Medicare or RRB. DO NOT pay Health Net the Part D-IRMAA.**

People with limited incomes may qualify for *Extra Help* to pay for their prescription drug costs. If eligible, Medicare could pay for 75% or more of your drug costs, including monthly prescription drug premiums, annual deductibles and coinsurance. Additionally, those who qualify will not be subject to the coverage gap or a late enrollment penalty. Many people are eligible for these savings and don't even know it. For more information about this *Extra Help*, contact your local Social Security office, or call Social Security at 1-800-772-1213. TTY users should call 1-800-325-0778. You can also apply for *Extra Help* online at [www.socialsecurity.gov/prescriptionhelp](http://www.socialsecurity.gov/prescriptionhelp).

If you qualify for *Extra Help* with your Medicare prescription drug coverage costs, Medicare will pay all or part of your plan premium. If Medicare pays only a portion of this premium, we will bill you for the amount that Medicare doesn't cover.

If you don't select a payment option, you will get a bill each month.

### Please select a premium payment option:

- Get a bill
- Automatic deduction from your monthly Social Security or Railroad Retirement Board (RRB) benefit check. I get monthly benefits from:  Social Security  RRB

(The Social Security/RRB deduction may take two or more months to begin after Social Security or RRB approves the deduction. In most cases, if Social Security or RRB accepts your request for automatic deduction, the first deduction from your Social Security or RRB benefit check will include all premiums due from your enrollment effective date up to the point withholding begins. If Social Security or RRB does not approve your request for automatic deduction, we will send you a paper bill for your monthly premiums.)

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**Please read and answer these important questions:**

1. Do you have End Stage Renal Disease (ESRD)?  Yes  No

If you have had a successful kidney transplant and/or you don't need regular dialysis any more, **please attach a note or records** from your doctor showing you had a successful kidney transplant or you don't need dialysis; otherwise, we may need to contact you to obtain additional information.

2. Some individuals may have other drug coverage, including other private insurance, TRICARE, Federal employee health benefits coverage, VA benefits, or State pharmaceutical assistance programs.

Will you have other prescription drug coverage in addition to Health Net?

Yes  No

If "Yes," please list your other coverage and your identification (ID) number(s) for this coverage:

Name of other coverage

ID # for this coverage

Group # for this coverage

3. Are you a resident in a long-term care facility, such as a nursing home?  Yes  No

If "Yes," please provide the following information:

Name of institution

Phone number of institution

Address of institution (number and street)

4. Are you enrolled in your State Medicaid program?  Yes  No

If "Yes," please provide your Medicaid number:

5. Do you or your spouse work?  Yes  No

**Please choose the name of a Primary Care Physician (PCP), clinic or health center:**

**Please check one of the boxes below if you would prefer us to send you information in a language other than English or in an accessible format:**

Audio  Large print  Spanish

Please contact Health Net at 1-888-445-8913 if you need information in an accessible format or language other than what is listed above. Our office hours are from October 1 to March 31, you can call us 7 days a week from 8 a.m. to 8 p.m. From April 1 to September 30, you can call us Monday through Friday from 8 a.m. to 8 p.m. A messaging system is used after hours, weekends, and on federal holidays. TTY users should call 711.

Would you like to receive Health Net materials via email?  Yes  No

If yes, we will send an email to the address you provide, with a link to receive your benefit materials online.

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Please read this important information

**If you currently have health coverage from an employer or union, joining Health Net could affect your employer or union health benefits. You could lose your employer or union health coverage if you join Health Net.** Read the communications your employer or union sends you. If you have questions, visit their website or contact the office listed in their communications. If there isn't any information on whom to contact, your benefits administrator or the office that answers questions about your coverage can help.

Please read and sign below

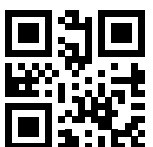
**By completing this enrollment application, I agree to the following:**

Health Net is a Medicare Advantage plan and has a contract with the Federal government. I will need to keep my Medicare Parts A and B. I can be in only one Medicare Advantage plan at a time, and I understand that my enrollment in this plan will automatically end my enrollment in another Medicare health plan or prescription drug plan. It is my responsibility to inform you of any prescription drug coverage that I have or may get in the future. I understand that if I don't have Medicare prescription drug coverage, or creditable prescription drug coverage (as good as Medicare's), I may have to pay a late enrollment penalty if I enroll in Medicare prescription drug coverage in the future. Enrollment in this plan is generally for the entire year. Once I enroll, I may leave this plan or make changes only at certain times of the year when an enrollment period is available (Example: October 15–December 7 of every year), or under certain special circumstances.

Health Net serves a specific service area. If I move out of the area that Health Net serves, I need to notify the plan so I can disenroll and find a new plan in my new area. Once I am a member of Health Net, I have the right to appeal plan decisions about payment or services if I disagree. I will read the Evidence of Coverage document from Health Net when I get it to know which rules I must follow to get coverage with this Medicare Advantage plan. I understand that people with Medicare aren't usually covered under Medicare while out of the country except for limited coverage near the U.S. border.

I understand that beginning on the date Health Net coverage begins, I must get all of my health care from Health Net, except for emergency or urgently needed services or out-of-area dialysis services. *For PPO plans:* I understand that beginning on the date Health Net coverage begins, using services in-network can cost less than using services out-of-network, except for emergency or urgently needed services or out-of-area dialysis services. If medically necessary, Health Net provides refunds for all covered benefits, even if I get services out of network. Services authorized by Health Net and other services contained in my Health Net *Evidence of Coverage* document (also known as a member contract or subscriber agreement) will be covered. Without authorization, **NEITHER MEDICARE NOR HEALTH NET WILL PAY FOR THE SERVICES.**

I understand that if I am getting assistance from a sales agent, broker or other individual employed by or contracted with Health Net, he/she may be paid based on my enrollment in Health Net.



**Release of information:** By joining this Medicare health plan, I acknowledge that Health Net will release my information to Medicare and other plans as is necessary for treatment, payment and health care operations. I also acknowledge that Health Net will release my information including my prescription drug event data to Medicare, who may release it for research and other purposes which follow all applicable Federal statutes and regulations. The information on this enrollment form is correct to the best of my knowledge. I understand that if I intentionally provide false information on this form, I will be disenrolled from the plan.

I understand that my signature (or the signature of the person authorized to act on my behalf under the laws of the State where I live) on this application means that I have read and understand the contents of this application. If signed by an authorized individual (as described above), this signature certifies that 1) this person is authorized under State law to complete this enrollment and 2) documentation of this authority is available upon request from Medicare.

**Signature**

**Today's date**

<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
M	M	D	D	Y	Y	Y	Y

If you are the authorized representative, you must sign above and provide the following information:

**Name**

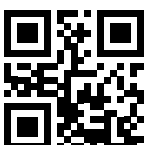
**Address**

**Phone number**

 -  - 

**Relationship to enrollee**

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**OFFICE USE ONLY:**

Name of staff member/agent/broker (if assisted in enrollment):

Plan ID #:

Effective date of coverage:          
M M D D Y Y Y Y

ICEP/IEP  AEP SEP (type):   Not eligible

**Health Net sales representative/Authorized agent**

(individual sales representative/agent who completed the application)

Agent type (select one):  Authorized agent  Health Net employee

**Complete section or place printed label here:**

Sales rep/Agent name:  Agent ID #:

Sales rep/Agent NPN #:  NPN/Health Net ID #:

Agency/FMO affiliation:   
(if applicable)

**This information must match your approved Health Net licensing records.**

Agent phone #:  -  -

Email:

Agency/FMO phone # (if applicable):  -  -

Sales representative/authorized agent application receipt date:          
(Applications must be received at Health Net within 1 calendar day of this date.) M M D D Y Y Y Y

Application receipt location:  Appointment  Sales event  Walk-in

Other (specify):

**Provider information for HMO plans:**

PCP name:  PCP NPI:

PPG name:  PPG ID:

Is PCP/PPG selected accepted for the plan chosen?  Yes  No

Current patient?  Yes  No

**Physician of choice information for PPO plans:**

POC name:  POC PCP ID/NPI:

POC address:

Effective date:          
M M D D Y Y Y Y



**Typically, you may enroll in a Medicare Advantage plan only during the annual enrollment period from October 15 through December 7 of each year.** There are exceptions that may allow you to enroll in a Medicare Advantage plan outside of this period.

Please read the following statements carefully and check the box if the statement applies to you. By checking any of the following boxes, you are certifying that, to the best of your knowledge, you are eligible for an Enrollment Period. If we later determine that this information is incorrect, you may be disenrolled.

- I am new to Medicare.
- I am enrolled in a Medicare Advantage plan and want to make a change during the Medicare Advantage Open Enrollment Period (MA OEP).
- I recently moved outside of the service area for my current plan, or I recently moved and this plan is a new option for me. I moved on (insert date). 

M	M	D	D	Y	Y	Y	Y
- I recently was released from incarceration. I was released on (insert date). 

M	M	D	D	Y	Y	Y	Y
- I recently returned to the United States after living permanently outside of the U.S. I returned to the U.S. on (insert date). 

M	M	D	D	Y	Y	Y	Y
- I recently obtained lawful presence status in the United States. I got this status on (insert date). 

M	M	D	D	Y	Y	Y	Y
- I recently had a change in my Medicaid (newly got Medicaid, had a change in level of Medicaid assistance, or lost Medicaid) on (insert date). 

M	M	D	D	Y	Y	Y	Y
- I recently had a change in my *Extra Help* paying for Medicare prescription drug coverage (newly got *Extra Help*, had a change in the level of *Extra Help*, or lost *Extra Help*) on (insert date). 

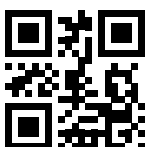
M	M	D	D	Y	Y	Y	Y
- I have both Medicare and Medicaid (or my state helps pay for my Medicare premiums) or I get *Extra Help* paying for my Medicare prescription drug coverage, but I haven't had a change.
- I am moving into, live in or recently moved out of a Long-Term Care Facility (for example, a nursing home or long-term care facility). I moved/will move into/out of the facility on (insert date). 

M	M	D	D	Y	Y	Y	Y
- I recently left a PACE program on (insert date). 

M	M	D	D	Y	Y	Y	Y
- I recently involuntarily lost my creditable prescription drug coverage (coverage as good as Medicare's). I lost my drug coverage on (insert date). 

M	M	D	D	Y	Y	Y	Y
- I am leaving employer or union coverage on (insert date). 

M	M	D	D	Y	Y	Y	Y
- I belong to a pharmacy assistance program provided by my state.
- My plan is ending its contract with Medicare, or Medicare is ending its contract with my plan.



I was enrolled in a plan by Medicare (or my state) and I want to choose a different plan. My enrollment in that plan started on (insert date).

M	M	D	D	Y	Y	Y	Y

I was enrolled in a Special Needs Plan (SNP) but I have lost the special needs qualification required to be in that plan. I was disenrolled from the SNP on (insert date).

M	M	D	D	Y	Y	Y	Y

I was affected by a weather-related emergency or major disaster (as declared by the Federal Emergency Management Agency (FEMA)). One of the other statements here applied to me, but I was unable to make my enrollment because of the natural disaster.

If none of these statements applies to you or you're not sure, please contact Health Net at 1-888-445-8913 (TTY users should call 711) to see if you are eligible to enroll. We are open from October 1 to March 31, you can call us 7 days a week from 8 a.m. to 8 p.m. From April 1 to September 30, you can call us Monday through Friday from 8 a.m. to 8 p.m. A messaging system is used after hours, weekends, and on federal holidays.

You must continue to pay your Medicare Part B premium.

Health Net is contracted with Medicare for HMO, HMO SNP and PPO plans, and with some state Medicaid programs. Enrollment in Health Net depends on contract renewal.

**FRM020629EO00 (8/18)**

**White – Health Net    Yellow – Member**



Section 1557 Non-Discrimination Language  
Notice of Non-Discrimination

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Health Net complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. Health Net does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

Health Net:

- Provides free aids and services to people with disabilities to communicate effectively with us, such as qualified sign language interpreters and written information in other formats (large print, accessible electronic formats, other formats).
- Provides free language services to people whose primary language is not English, such as qualified interpreters and information written in other languages.

If you need these services, contact Health Net's Customer Contact Center at California: 1-800-431-9007 (Jade, Sapphire, Amber, and HMO SNP), 1-800-275-4737 (all other HMO); Oregon: 1-888-445-8913 (HMO and PPO) (TTY: 711).

From October 1 to March 31, you can call us 7 days a week from 8 a.m. to 8 p.m. From April 1 to September 30, you can call us Monday through Friday from 8 a.m. to 8 p.m. A messaging system is used after hours, weekends, and on federal holidays.

If you believe that Health Net has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance by calling the number above and telling them you need help filing a grievance; Health Net's Customer Contact Center is available to help you.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf> or by mail or phone at: U.S. Department of Health and Human Services, 200 Independence Avenue SW, Room 509F, HHH Building, Washington, DC 20201, 1-800-368-1019 (TDD: 1-800-537-7697).

Complaint forms are available at <http://www.hhs.gov/ocr/office/file/index.html>.

Health Net is contracted with Medicare for HMO, HMO SNP and PPO plans, and with some state Medicaid programs. Enrollment in Health Net depends on contract renewal.

FLY022809E000 (8/18)

Section 1557 Non-Discrimination Language  
Multi-Language Interpreter Services

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ARABIC	تتبيه: إذا كنت تتحدث العربية، فإن خدمات المساعدة اللغوية المجانية متاحة لك. يُرجى الاتصال بالرقم. California: 1-800-431-9007 (Jade, Sapphire, Amber, and HMO SNP), 1-800-275-4737 (all other HMO); Oregon: 1-888-445-8913 (HMO and PPO) (مكبلا و مصلا فتا ه مقرر: 711).
ARMENIAN	ՈՒՇԱԴԴՈՒԹՅՈՒՆ՝ Եթե խոսում եք հայերեն, ապա ձեզ անվճար կարող են տրամադրվել լեզվական աջակցության ծառայություններ: <b>Զանգահարեք:</b> California: 1-800-431-9007 (Jade, Sapphire, Amber, and HMO SNP), 1-800-275-4737 (all other HMO) (TTY: 711).
CHINESE	注意：如果您說中文，您可以免費獲得語言援助服務。請致電 California: 1-800-431-9007 (Jade, Sapphire, Amber, and HMO SNP), 1-800-275-4737 (all other HMO); Oregon: 1-888-445-8913 (HMO and PPO) (TTY: 711)。
CUSHITE	XIYYEEFFANNAA: Afaan dubbattu Oroomiffa, tajaajila gargaarsa afaanii, kanfaltiidhaan ala, ni argama. Bilbilaa Oregon: 1-888-445-8913 (HMO and PPO) (TTY: 711).
FRENCH	ATTENTION : Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le Oregon: 1-888-445-8913 (HMO and PPO) (TTY: 711).
GERMAN	ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer Oregon: 1-888-445-8913 (HMO and PPO) (TTY: 711).
HINDI	ध्यान दें: यदि आप हिंदी बोलते हैं, आपको भाषा सहायता सेवाएं, निःशुल्क उपलब्ध हैं। कृपया California: 1-800-431-9007 (Jade, Sapphire, Amber, and HMO SNP), 1-800-275-4737 (all other HMO) (TTY: 711). पर कॉल करें।
HMONG	LUS CEEV: Yog tias koj hais lus Hmoob, cov kev pab txog lus, muaj kev pab dawb rau koj. Hu rau California: 1-800-431-9007 (Jade, Sapphire, Amber, and HMO SNP), 1-800-275-4737 (all other HMO) (TTY: 711).
JAPANESE	注意事項：日本語を話される場合、無料の言語支援サービスをご利用い ただけます。California: 1-800-431-9007 (Jade, Sapphire, Amber, and HMO SNP), 1-800-275-4737 (all other HMO); Oregon: 1-888-445-8913 (HMO and PPO) (TTY:711) にお電話ください。
KOREAN	주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. California: 1-800-431-9007 (Jade, Sapphire, Amber, and HMO SNP), 1-800-275-4737 (all other HMO); Oregon: 1-888-445-8913 (HMO and PPO) (TTY: 711) 번으로 전화해 주십시오.

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MON-KHMER  
CAMBODIAN

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ចំណាប់អារម្មណ៍: បេសនអ្នកនយាយភាសាខ្មែរ សេវាជំនួយភាសាដោយឥតគិតថ្លៃ គមានសវាបអ្នក។ សូម  
ទូរស័ព្ទទៅលេខ California: 1-800-431-9007 (Jade, Sapphire, Amber, and HMO SNP),  
1-800-275-4737 (all other HMO); Oregon: 1-888-445-8913 (HMO and PPO) (TTY: 711) ។

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PERSIAN

توجه: اگر زبان شما فارسی است، خدمات امداد زبانی به طور رایگان در اختیار شما می باشد.  
لطفاً با شماره  
California: 1-800-431-9007 (Jade, Sapphire, Amber, and HMO SNP),  
1-800-275-4737 (all other HMO); Oregon: 1-888-445-8913 (HMO and PPO)  
تماس بگیرید. (TTY:711)

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PUNJABI

ਧਿਆਨ ਦਿਓ: ਜੇ ਤੁਸੀਂ ਪੰਜਾਬੀ ਬੋਲਦੇ ਹੋ, ਤਾਂ ਤੁਹਾਡੇ ਲਈ ਭਾਸ਼ਾ ਸਹਾਇਤਾ ਸੇਵਾਵਾਂ  
ਬਿਲਕੁਲ ਮੁਫਤ ਉਪਲਬਧ ਹਨ। ਕਿਰਪਾ ਕਰਕੇ  
California: 1-800-431-9007 (Jade,  
Sapphire, Amber, and HMO SNP), 1-800-275-4737 (all other HMO) (TTY: 711)  
ਤੇ ਕਾਲ ਕਰੋ।

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ROMANIAN

ATENȚIE: Dacă vorbiți limba română, vă stau la dispoziție servicii de asistență  
lingvistică, gratuit. Sunați la Oregon: 1-888-445-8913 (HMO and PPO) (TTY: 711).

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RUSSIAN

ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны  
бесплатные услуги перевода. Звоните  
California: 1-800-431-9007 (Jade, Sapphire,  
Amber, and HMO SNP), 1-800-275-4737 (all other HMO); Oregon: 1-888-445-8913  
(HMO and PPO) (TTY: 711).

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SPANISH

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de  
asistencia lingüística. Llame al  
California: 1-800-431-9007 (Jade, Sapphire, Amber,  
and HMO SNP), 1-800-275-4737 (all other HMO); Oregon: 1-888-445-8913 (HMO and  
PPO) (TTY: 711).

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TAGALOG

PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga  
serbisyo ng tulong sa wika nang walang bayad. Tumawag sa  
California:  
1-800-431-9007 (Jade, Sapphire, Amber, and HMO SNP), 1-800-275-4737 (all other  
HMO) (TTY: 711).

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THAI

เรียน: ถ้าคุณพูดภาษาไทยคุณสามารถใช้บริการช่วยเหลือทางภาษาได้ฟรี โทร  
California:  
1-800-431-9007 (Jade, Sapphire, Amber, and HMO SNP), 1-800-275-4737 (all other  
HMO); Oregon: 1-888-445-8913 (HMO and PPO) (TTY: 711).

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UKRAINIAN

УВАГА! Якщо ви розмовляєте українською мовою, ви можете звернутися до  
безкоштовної служби мовної підтримки. Телефонуйте за номером  
Oregon: 1-888-445-8913 (HMO and PPO) (TTY: 711).

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VIETNAMESE

CHÚ Ý: Nếu quý vị nói tiếng Việt, chúng tôi sẵn có dịch vụ hỗ trợ ngôn ngữ miễn  
phí dành cho quý vị. Xin gọi  
California: 1-800-431-9007 (Jade, Sapphire, Amber,  
and HMO SNP), 1-800-275-4737 (all other HMO); Oregon: 1-888-445-8913 (HMO and  
PPO) (TTY:711).

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