#### 2024 Devoted Health Medicare Advantage Plan Information

Thank you for your interest in applying for the Devoted Health Medicare Advantage plan. Below are links to the items which are part of the Enrollment Packet you would receive if we were to mail it to you. Please take note and make sure to review the information. You will be receiving an "Enrollment Verification Call" from Devoted Health within 7 days of the application receipt.

#### Enrollment Packet – click links below to view the information

Star Rating: <u>HMO / PPO Download Application</u>

Summary of Benefits: Choice Oregon (PPO) / Core Oregon (HMO) / Choice Plus Oregon (PPO)

Pharmacy & Provider Search

Formulary

#### Initial Enrollment Period (IEP)

If you are new to Medicare, you can enroll during your Initial Enrollment Period (IEP); the three months before, the month of, and the three months after your Part B effective date. Once you have been enrolled in a Medicare Plan, you can only make changes during the Annual Enrollment Period (AEP). Please be aware of the AEP dates are now October 15<sup>th</sup> to December 7<sup>th</sup>. This will give you a January 1<sup>st</sup> effective date for your new plan.

#### Annual Enrollment Period (AEP)

Applications must be signed and dated on, or between October 15<sup>th</sup> and December 7<sup>th</sup>. *If they are signed prior to October 15<sup>th</sup> they will be returned to you with a new application.* If they are received after December 7<sup>th</sup>, you will not be able to change plans until the next AEP for January of the following year.

#### Special Enrollment Period (SEP)

There are a number of reasons for Special Enrollments; Loss of a job that provides benefits, death of a spouse who's plan provided benefits, moving to an area where your old plan is not available, etc...

Once you submit your application to us, we will review your application for completeness and accuracy before we submit it to the company. You may fax, upload, email or mail your application in to CDA Insurance:

**CDA Insurance LLC** 

PO Box 26540 Eugene, Oregon 97402 Fax: 1.541.284.2994 or 888.632.5470

Secure File Upload: <u>Click here</u> Email: cs@cda-insurance.com

If you should have any questions on the application, please call a licensed insurance agent at 1.800.884.2343 or 1.541.434.9613. Our website: <a href="https://medicare-oregon.com/">https://medicare-oregon.com/</a>

Y0062\_MULTIPLAN\_CDA INSURANCE Oregon 2024 Pending



**2024 | DEVOTED HEALTH PLANS** 

# Summary of Benefits

# Devoted CORE Oregon (HMO) Plan

**PBP Number: H2923-001-000** 

Clackamas, Columbia, Multnomah, and Washington Counties

#### **Devoted CORE Oregon (HMO)**

# **Summary of Benefits**

This Summary of Benefits tells you about our Devoted CORE Oregon (HMO) plan. It includes information on plan costs and some of the common services we cover. It's valid for the 2024 plan year, which starts on January 1, 2024 and ends December 31, 2024.

Because this document is a summary, it doesn't list all of the coverage details for this plan. If you need to know more, check the plan's **Evidence of Coverage** at www.devoted.com. Or, call us at 1-800-385-0916 (TTY 711) or text us at 84305, and we can mail you one.

#### Can I join this plan?

Devoted CORE Oregon (HMO) is a Health Maintenance Organization, or HMO plan. To join Devoted CORE Oregon (HMO), you must be entitled to Medicare Part A and enrolled in Medicare Part B. You also have to live in this plan's service area, which includes these counties: Clackamas, Columbia, Multnomah, and Washington. We offer different plans for other counties.

#### Does this plan cover my prescription drugs?

Find out by searching our online drug list at <a href="https://www.devoted.com/search-drugs">www.devoted.com/search-drugs</a>. Or, give us a call or text. We can look up your medications or mail you our list of covered drugs (formulary).

# Does this plan cover my doctors and pharmacies?

Find out by searching our online directory at <a href="https://www.devoted.com/search-providers">www.devoted.com/search-providers</a>. Or, give us a call or text. We can look up your doctors and pharmacies or mail you a directory.

# What's the difference between copays and coinsurance?

A copay is a flat fee. For example, a \$5 copay for a service means you pay \$5. Coinsurance is a percentage of the cost. For example, 10% coinsurance means you pay 10% of the cost of the service.

#### How can I learn about Original Medicare?

Check the latest *Medicare & You* handbook. If you don't have one, visit www.medicare.gov and enter "Medicare & You handbook" in the search tool. (Include the quotation marks for best results.) Or ask Medicare to send you one by calling 1-800-MEDICARE (1-800-633-4227) any day, any time. TTY users can dial 1-877-486-2048.

#### How can I get more help?

Call us at 1-800-385-0916 (TTY 711) or text us at 84305. We're here 8am to 8pm, Monday to Friday (from October 1 to March 31, 8am to 8pm, 7 days a week). You can also visit us online at www.devoted.com.

#### **Pre-Enrollment Checklist**

Before making an enrollment decision, it is important that you fully understand our benefits and rules. If you have any questions, you can call us at 1-800-385-0916 (TTY 711), or text us at 84305.

#### **Understanding the Benefits Understanding Important Rules** The Evidence of Coverage (EOC) provides a Effect on Current Coverage. If you are complete list of all coverage and services. currently enrolled in a Medicare It is important to review plan coverage, Advantage plan, your current Medicare costs, and benefits before you enroll. Visit Advantage healthcare coverage will www.devoted.com, call 1-800-385-0916 end once your new Medicare (TTY 711), or text 84305 to view a copy of Advantage coverage starts. If you have the EOC. Tricare, your coverage may be affected once your new Medicare Advantage Review the provider directory (or ask your coverage starts. Please contact Tricare doctor) to make sure the doctors you see for more information. If you have a now are in the Devoted Health network. If Medigap plan, once your Medicare they are not listed, it means you will likely Advantage coverage starts, you may have to select a new doctor. want to drop your Medigap policy Review the pharmacy directory to make because you will be paying for sure the pharmacy you use for any coverage you cannot use. prescription medicine is in the Devoted You must continue to pay your Health network. If the pharmacy is not Medicare Part B premium. This listed, you will likely have to select a new premium is normally taken out of your pharmacy for your prescriptions. Social Security check each month. Review the formulary to make sure your Benefits, premiums, and/or drugs are covered. copayments/coinsurance may change on January 1, 2025. Except in emergency or urgent situations, we do not cover services by out-of-network providers (doctors who are not listed in the provider directory).

IMPORTANT: If you receive assistance from Medicaid or "Extra Help," you may pay less than the cost-sharing amounts listed in this document. If your category of Medicaid eligibility or level of Extra Help changes, your cost share may increase or decrease. Please refer to the Evidence of Coverage for additional benefit details. For a copy of the Evidence of Coverage, please visit www.devoted.com, call 1-800-385-0916 (TTY 711), or text 84305.

# Monthly Premium, Deductible, and Limits

<b>Monthly Premium</b>	\$0
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You must continue to pay your part B premium.

#### **Medical Deductible** This plan does not have a deductible.

#### **Pharmacy (Part D) Deductible**

This plan does not have a deductible.

#### **Maximum Out-of-Pocket Responsibility**

Benefits that don't count towards your maximum out-of-pocket responsibility are indicated with an asterisk (\*).

\$5,200

This is the most you will pay in the plan year for copays, coinsurance, and other costs for Medicare-covered medical services, supplies, and Part B-covered medication you receive from in-network providers.

What you pay out-of-pocket for Part D prescription drugs and certain supplemental benefits (such as hearing aids) does not apply to this amount.

# **Covered Medical and Hospital Benefits**

#### **Inpatient Hospital** Coverage

Prior authorization may be required.

You are covered for an unlimited number of days in an inpatient hospital.

**Days 1 - 5** 

\$375 copay per day

**Dav 6+** 

\$0 copay per day

#### Outpatient Hospital Coverage

Prior authorization may be required for procedures performed in an Outpatient Hospital or Ambulatory Surgical Center.

If you are held in Observation, you will pay your copay for the Observation Stay. Copays for any additional services provided while in Observation will not apply.

#### **Diagnostic Colonoscopies**

\$0 copay at any in-network location

#### **Ambulatory Surgical Center (ASC)**

\$300 copay for surgery at an ASC

#### **Outpatient Hospital**

\$350 copay for surgery at an outpatient hospital

#### **Observation Stays**

\$375 copay per stay

#### **Doctor Visits**

You do not need a referral to see a specialist.

#### **Primary Care Provider (PCP)**

\$0 copay

#### **Specialist**

\$20 copay

#### **Preventive Care**

Our plan covers many preventive services at no cost when you see an in-network provider, including:

- Abdominal aortic aneurysm screening
- Alcohol misuse counseling
- Annual wellness visit
- Bone mass measurement (bone density)
- Breast cancer screening (mammogram)
- Cardiovascular disease (behavioral therapy)
- Cardiovascular screenings
- Cervical and vaginal cancer screenings
- Colorectal cancer screenings (colonoscopy, fecal occult blood test, flexible sigmoidoscopy, Cologuard®)
- Depression screening
- Diabetes screening
- Diabetes self-management training
- Glaucoma tests
- HIV screening
- Kidney disease service education
- Lung cancer screening
- Medical nutrition therapy services
- Obesity screening and counseling
- Prostate cancer screenings (PSA)
- Routine physical exam
- Sexually transmitted infections screening and counseling
- Tobacco use cessation counseling (counseling for people with no sign of tobacco-related disease)
- Vaccines covered under the medical benefit, including flu shots, hepatitis B vaccines, pneumonia vaccines, and COVID-19 vaccines. You are also covered for most Part D vaccines. See the Part D Vaccines section in this booklet for information about Part D vaccine coverage.
- "Welcome to Medicare" preventive visit (one time)

Any additional preventive services approved by Medicare during the contract year will be covered.

#### **Emergency Care**

If you are admitted to the hospital within 24 hours, you do not have to pay your share of the cost for the emergency care.

\$120 copay per stay

# Worldwide Emergency and Urgent Care\*

This plan covers emergency services worldwide. If you have an emergency outside of the U.S. and its territories, you generally have to pay the costs yourself at first. Then, you can submit a claim to us so we can pay you back.

#### **Worldwide Emergency and Urgent Care**

\$120 copay per stay

#### **Worldwide Ground Ambulance**

\$275 copay per one-way trip

#### **Worldwide Air Ambulance**

20% coinsurance per one-way trip

# Urgently Needed Services

Urgently Needed Services are provided to treat a nonemergency, unforeseen medical illness, injury, or condition that requires immediate medical care.

Urgently Needed Services defined in this section are for services provided in the U.S. and its territories.

#### Urgently Needed Services from your PCP

\$0 copay

# Urgently Needed Services from an Urgent Care Center or Retail Walk-in Center

\$40 copay

# **Outpatient Care and Services**

#### **Diagnostic Services**, **Labs and Imaging**

Prior authorization may be required.

If your provider bills us as part of a hospital system, you may be responsible for the outpatient hospital setting cost-share for the services outlined in this section.

#### **Lab Services**

\$0 copay

#### **Outpatient X-rays and Ultrasounds**

\$0 copay in an office or freestanding location \$15 copay at an outpatient hospital setting

#### Diagnostic Radiology (such as CT, MRI, etc.)

\$0 copay in an office or freestanding location \$110 copay at an outpatient hospital setting

#### Diagnostic Tests and Procedures (such as a stress test, etc.)

\$0 copay in an office or freestanding location \$30 copay at an outpatient hospital setting

#### **Radiation Therapy**

20% coinsurance

# **Hearing Services**

#### **Hearing Care**

#### **Routine Hearing Exams**

\$0 copay — 1 visit per year

#### **Hearing Aid Fitting and Evaluation**

\$0 copay

#### **Medicare-Covered Hearing Care**

\$20 copay

#### **Hearing Aids\***

You must see a TruHearing® provider to use this benefit.

Benefit includes coverage of up to 2 TruHearing® Advanced or Premium hearing aids, which come in various styles and colors. \$399 copay per aid for Advanced Aids

\$699 copay per aid for Premium Aids

Hearing aid purchase includes:

- First year of follow-up provider visits
- 60-day trial period
- 3-year extended warranty
- 80 batteries per aid for non-rechargeable models
- \$50 additional cost per aid for optional hearing aid rechargeability

#### **Dental Services**

See the plan's Evidence of Coverage (EOC) for more details. Certain limitations apply. This is not an exhaustive list of covered dental services.

# Preventive Dental Services

Devoted Health will cover the costs for preventive dental services covered by the plan.

You must receive services from a participating dental provider.

#### **Periodic Oral Exams**

\$0 copay

#### **Dental Evaluation**

\$0 copay

#### **Cleanings**

\$0 copay

#### X-rays (bitewing, intraoral, and panoramic)

\$0 copay

#### **Comprehensive Dental** Services

Prior authorization may be required.

Devoted Health will pay as much as \$3,500 per year for comprehensive dental services. This means you will pay any additional costs above this amount.

You must receive services from a participating dental provider.

#### **Fillings**

\$0 copay

#### **Deep Cleaning**

\$0 copay

#### **Extractions**

\$0 copay

#### **Dentures**

\$0 copay

#### **Root Canals**

\$0 copay

#### Crowns

\$0 copay

#### **Bridges**

\$0 copay

#### **Vision Services**

#### **Routine Vision**

#### **Routine Eye Exam**

\$0 copay — 1 visit per year

#### **Eyewear**

You must use our designated vendor for this benefit.

#### Up to \$350 each year for eyeglasses and/or contacts

Benefit can be used for frames or lenses (or a combination of the two), contact lenses, eyeglass upgrades, and/or eyeglass replacements, up to the allowance amount.

#### **Medicare-covered Vision Care**

#### **Medicare-Covered Diagnostic Eye Exam**

\$20 copay

#### **Medicare-Covered Glaucoma Screening**

\$0 copay — 1 visit per year

#### **Diabetic Eve Exam**

\$0 copay — 1 visit per year

# **Additional Outpatient Care and Services**

#### **Mental Health Services**

Prior authorization may be required.

Mental health services are coordinated by Magellan, our behavioral health provider.

You are covered for up to 90 days each benefit period for inpatient mental health care.

#### **Inpatient Mental Health Care**

**Days 1 - 5** 

\$375 copay per day

Days 6 - 90

\$0 copay per day

#### **Outpatient Mental Health Care (individual and group)**

\$20 copay

# Skilled Nursing Facility (SNF)

Prior authorization may be required. No prior hospital stay required.

You are covered for up to 100 days each benefit period for inpatient services in a SNF.

#### **Days 1 - 20**

\$0 copay per day

Days 21 - 46

\$203 copay per day

#### Days 47 - 100

\$0 copay per day

#### **Physical Therapy**

\$20 copay

#### **Ambulance Services**

This plan covers you for emergent ambulance transportation to the nearest emergency room or nearest hospital able to meet your needs.

#### **Ground Ambulance**

\$275 copay per one-way trip

#### Air Ambulance

20% coinsurance per one-way trip

#### **Transportation**

Not covered

# **Prescription Drug Benefits**

#### **Medicare Part B Drugs**

Prior authorization may be required.

Part B drugs are usually not self-administered. These drugs can be given in a doctor's office as part of a medical service. In a hospital outpatient department, coverage generally is limited to drugs that are given by infusion or injection. You only pay the cost-share for the amount of the drug used. This means you will not be responsible for the cost of the unused portion.

#### Allergy Serum

\$0 copay

#### Generic Medications Used in a Nebulizer

\$0 copay

#### **Chemotherapy Drugs**

20% coinsurance

#### **Other Part B Drugs**

20% coinsurance

The amount you pay for Part B rebatable drugs will be reduced if the drug's price has increased at a rate faster than the rate of inflation. The list of Part B rebatable drugs, as well as the amount you pay for those drugs, may change each quarter (January, April, July, October); however, you will never pay more than your Part B drug cost.

You will pay no more than \$35 (or \$0 depending on your level of Medicaid eligibility) for a 30-day supply of Medicare Part B-covered insulins (when you use insulin via a pump).

See your Evidence of Coverage (EOC) for details.

#### **Prescription Drugs**

Some covered drugs may be subject to quantity limitations or require step therapy or prior authorization.

#### **Pharmacy (Part D) Deductible**

This plan does not have a deductible.

#### **Initial Coverage Stage**

You pay copays or coinsurance until your total yearly drug costs reach \$5,030. Total yearly drug costs are the total drug cost paid by both you and Devoted Health.

# 30-Day Supply Network Retail Pharmacy

Cost-sharing may change when you enter a new phase of the Part D benefit.

#### **Tier 1: Preferred Generic**

\$0 per prescription

#### Tier 2 : Generic

\$0 per prescription

#### **Tier 3: Preferred Brand**

\$47 per prescription

#### **Tier 4: Non-Preferred Drugs**

\$100 per prescription

#### Tier 5: Specialty

33% of the total cost

#### 100-Day Supply Network Mail Order

Cost-sharing may change when you enter a new phase of the Part D benefit.

If you do not receive your 100-day mail order supply through Caremark, your costs may be different.

#### **Tier 1: Preferred Generic**

\$0 per prescription

#### Tier 2: Generic

\$0 per prescription

#### **Tier 3: Preferred Brand**

\$117.50 per prescription

#### **Tier 4: Non-Preferred Drugs**

\$300 per prescription

#### Tier 5 : Specialty

Not available through mail

If you reside in a long-term care facility, you pay the same as at a standard retail pharmacy. While you reside in the long-term care facility, you are able to receive up to a 31-day supply.

# Coverage Gap or "Donut Hole"

Most Medicare drug plans have a Coverage Gap or "donut hole." This means that there is a temporary change in what you will pay for your drugs. The Coverage Gap begins after the total yearly drug costs (including what Devoted Health has paid and what you have paid) reaches \$5,030. Please note that not everyone will enter the Coverage Gap.

This plan provides partial tier gap coverage for some tier 1 and tier 2 drugs. This means that for some of the drugs covered on tier 1 and tier 2, you will continue to pay a copay. For the 2024 plan year, while in the coverage gap, you will pay \$0 copay for certain drugs on tier 1, \$0 copay for certain drugs on tier 2, and 25% coinsurance for all other drugs until you reach \$8,000 total out-of-pocket. Drugs that have gap coverage are indicated in the Plan Formulary (Drug list).

Your plan also provides additional coverage for some drugs that are not normally covered in a Medicare prescription drug plan. These drugs are covered at your tier 2 copay for the entire year, no matter what coverage phase you are in. Additional information about these drugs can be found in the Erectile Dysfunction Drugs (ED) & Other Covered Drugs sections below.

# **Catastrophic Coverage**

**Yearly Out-of-Pocket Drug Costs** 

You will pay \$0 for covered Part D drugs after your Yearly Out-of-Pocket Drug Costs reach \$8,000.

#### **Additional Part D Benefit Information**

#### **Insulin Coverage**

You'll pay no more than \$35 for a 30-day supply for all Part D covered insulins.

You will pay no more than \$35 (or \$0 depending on your level of Medicaid eligibility) for a 30-day supply of Medicare Part B-covered insulins (when you use insulin via a pump).

See your Evidence of Coverage (EOC) for details.

# **Erectile Dysfunction Drugs (ED)**

Sildenafil (generic Viagra) and Tadalafil (generic Cialis) are both covered as Tier 2 medications. You are covered up to 6 pills per month for either medication or a combination of both medications, but not to exceed 6 pills per month. There is a maximum of 72 pills per year of either medication or the combination of these medications.

#### **Other Covered Drugs**

You are covered for the following additional items as Tier 2 medications (see the Prescription Drug Benefits section above for cost-sharing information):

- Folic acid 1mg tablets
- Vitamin D (ergocalciferol) 50,000 unit capsules
- B12 injection (cyanocobalamin) 1000mcg/ml

#### **Part D Vaccines**

Our plan covers most Part D vaccines at \$0 cost-share. Part D vaccines, such as Shingrix, are usually dispensed by a pharmacy. You can find coverage information for these vaccines in the plan's List of Covered Drugs (Formulary).

If you receive a Part D vaccine in your provider's office, you may be billed for the entire cost of the vaccine. You can then ask our plan to pay our share of the cost by submitting a request for reimbursement. See our Evidence of Coverage (EOC) for additional details or call Member Services.

Some vaccines are considered medical benefits (See the Preventive Care section in this booklet for medical benefit information).

#### Additional Prescription Drug Information

If you receive "Extra Help" from Medicare, your costs for prescription drugs may be lower than the cost-shares in this booklet. You pay whichever is less.

Medicare beneficiaries who receive assistance from Medicaid or the state-sponsored Qualified Medicare Beneficiary program may pay nothing for Medicare-covered services. You must meet certain income and resource conditions to be eligible.

#### **Additional Benefits**

#### **Dialysis**

20% coinsurance

#### **Foot Care (Podiatry** Services)

#### **Medicare-Covered Foot Care**

\$20 copay

#### **Routine Foot Care\***

\$20 copay — 6 visits per year

Routine foot care includes hygienic care such as nail trimming and callus removal.

#### **Home Health Care**

\$0 copay

Prior authorization may be required.

Home Health Care is limited to Medicarecovered services.

See the plan's Evidence of Coverage (EOC) for more details.

# Durable Medical Equipment (DME)

Prior authorization may be required.

Equipment may only be covered if it is a certain brand or from certain manufacturers. Please contact us for details.

#### **Basic Medicare-covered DME Products**

20% coinsurance

Including, but not limited to:

- Oxygen
- CPAP machines and supplies
- Nebulizer equipment
- Non-motorized wheelchair

# Advanced Medicare-covered DME Products (listed below)

20% coinsurance

- Medicare-covered ventilator
- Bone growth stimulator
- Portable oxygen concentrator
- Bariatric equipment
- Specialty beds
- Custom or specialty wheelchairs and scooters
- Seat lifts
- Specialty brand items
- High-frequency chest compression vests
- Pain infusion pump
- Continuous Glucose Monitor (other than our preferred product—see "Diabetes Monitoring Supplies" section for details, including coinsurance)

# Prosthetic Devices and Medical Supplies

Prior authorization may be required.

#### **Prosthetic Devices and Related Supplies**

20% coinsurance

#### **Medical Supplies**

\$0 copay

#### **Supplemental Compression Stockings**

\$0 copay

#### **Supplemental Mastectomy Sleeves**

\$0 copay

You are covered for up to 2 pairs of compression stockings/surgical stockings or mastectomy sleeves every 6 months.

#### **Diabetes Monitoring Supplies**

Prior authorization may be required.

"Fingerstick" Glucose **Monitors:** We cover blood glucose monitors, test strips, and lancets made by LifeScan (OneTouch). Supplies provided by innetwork pharmacies and DME suppliers that carry them.

#### **Continuous Glucose Monitor (CGM):**

We cover Freestyle Libre continuous glucose monitors (CGM) and their supplies with a \$0 copay at in-network pharmacies. Other CGMs are available at in-network DME suppliers and require authorization. A Durable Medical Equipment (DME) cost-share may apply.

#### **Diabetic Shoes &** Therapeutic Inserts

Prior authorization may be required.

#### **Continuous Glucose Monitor (CGM) - Freestyle Libre** \$0 copay

#### Continuous Glucose Monitor (CGM) - Non-Preferred **Brands**

20% coinsurance

#### Diabetic Supplies (such as test strips and lancets) \$0 copay

\$0 copay

#### **Rehabilitation Services**

#### **Cardiac Rehabilitation Services**

\$0 copay

#### **Pulmonary Rehabilitation Services**

\$15 copay

#### **Physical Therapy**

\$20 copay

#### **Occupational Therapy**

\$20 copay

#### **Speech Therapy**

\$20 copay

#### **Substance Use Services**

#### **Outpatient Substance Use Services**

\$20 copay

#### **Opioid Treatment Program Services**

\$20 copay

#### **Telehealth**

#### **Virtual PCP Visits**

\$0 copay

# This benefit may not be offered by all providers. Check directly with your provider about the availability of telehealth services.

#### **Virtual PT/OT/SP Visits**

\$20 copay

#### **Virtual Specialist Visits**

\$20 copay

Your costs may be less depending on the provider you see.

#### **More Benefits and Perks With Your Plan**

#### Food & Home Card (Special Supplemental Benefit for the Chronically Ill)

\$60 per month

You can use this benefit to:

- Purchase healthy foods at participating grocery and other retail stores
- Pay for utility costs, such as electric or gas bills
- Pay for rent or mortgage costs

You can use this benefit more than once, up to the limit per month, but this amount does not roll over. Devoted Health will automatically add more money to your card on the first of each month.

The Food & Home Card is only available to members with certain chronic health conditions. We'll work with you to determine if you qualify for the benefit. For complete details about this special supplemental benefit, see your Evidence of Coverage (EOC) document.

# Over-the-Counter Items (OTC)

You must use our designated vendor for this benefit.

\$80 per quarter (every 3 months)

You can use this benefit more than once, up to the limit per quarter, but this amount does not roll over.

Eligible items are listed in the OTC catalog. Items not listed in the OTC catalog are not covered under the OTC benefit. To purchase eligible OTC items, you can order online, over the phone, or visit participating CVS stores.

#### **Fitness**

**SilverSneakers:** Devoted Health covers the full cost of this benefit. SilverSneakers fitness program offers access to thousands of fitness locations nationwide. SilverSneakers also provides virtual resources through SilverSneakers LIVE, SilverSneakers On-Demand and a mobile app, SilverSneakers GO. For more information or to get started, go to SilverSneakers.com/StartHere.

**Devoted Health Wellness Bucks:** Devoted Health will reimburse you up to **\$150 per year** for participation or purchase of one or more of the following:

- 1. Purchase of an Apple Watch® or other wearable device that tracks number of steps and heart rate.
- 2. Fitness equipment to be used in the home. Examples include free weights, treadmill or stationary bike, rowing machines, resistance bands, etc.
- 3. Participation in instructional fitness classes such as Yoga, Pilates, Zumba, Tai Chi, Crossfit, aerobics/group fitness classes, strength training, spin classes, personal training (taught by a certified instructor), or membership fees associated with a qualifying fitness facility.
- 4. Program fees for weight loss programs such as Jenny Craig, Weight Watchers, or hospital-based weight loss programs.
- 5. Memory fitness activities and programs that improve your brain's speed and ability, strengthen memory, and enable learning.
- 6. Mindfulness apps, such as Calm or Headspace, to support your health and well-being.

#### **Acupuncture**

Prior authorization may be required.

Routine acupuncture can be used for the treatment of any condition.

#### **Medicare-covered Acupuncture**

\$0 copay

#### **Routine Acupuncture**

You pay \$0 copay for visits with a licensed acupuncturist. You are covered for up to 12 visits per year.

#### **Naturopath Services\***

Prior authorization may be required.

Covered services do not include herbs, homeopathic remedies, medications and nutritional supplements, vitamins or vitamin injections.

\$10 copay — 12 visits per year

#### **Massage Therapy\***

Prior authorization may be required.

Coverage for clinic-based therapeutic massage services provided by a licensed provider of therapeutic massage services. \$10 copay — 6 visits per year

#### **Meals**

You must use our designated vendor for this benefit.

# After an Inpatient or Skilled Nursing Facility Stay \$0 copay

After an inpatient stay in a hospital or a skilled nursing facility, you can get 2 meals per day for up to 10 days at no extra cost to you.

This benefit may be used up to 4 times per calendar year.

# New Chronic Condition or Medical Condition Requiring a Home Stay

\$0 copay

If part of your care plan for a chronic condition means changing how you eat, or you are diagnosed with a condition that requires you stay at home, you can have meals delivered to your home to support your condition.

You can get 2 meals a day for 14 days. You can use this service once per calendar year, per diagnosis.

#### **Chiropractic Care**

#### **Medicare-Covered Chiropractic Services**

\$20 copay

#### **Routine Chiropractic Care\***

\$20 copay — 12 visits per year

#### Personal Emergency Response System (PERS)

\$0 copay

There is no cost to you to access this benefit. This includes:

A Personal Emergency Response System (PERS) is a medical alert monitoring system that provides 24/7 access to help at the push of a button.

- Cost of the device
- Monthly monitoring fees
- Fall detection (available on certain styles)

We offer multiple styles, including in-home and multiple mobile-enabled wearable devices.

You must use our designated vendor for this benefit.

#### **Devoted Dollars**

With our rewards program, you earn Devoted Dollars rewards for taking care of yourself. Your rewards are good for groceries and gas. Earn \$50 by opting into the Devoted Dollars program and completing 4 or more of these activities in 2024:

- Health Connections Checklist at my.devoted.com/ checklist or by phone
- Visit with your Primary Care Provider (PCP)
- In-depth health check-in, like a Devoted to Me visit
- Flu shot for the 2024 season
- Colorectal cancer screening (if you're due for one)
- Breast cancer screening (if you're due for one)
- Bone density screening (if you're due for one)
- Routine diabetes exams (if you have diabetes)

Certain procedures, services, and drugs may need advance approval from Devoted Health. This is called "prior authorization" or "pre-authorization." Please contact your PCP or refer to the Evidence of Coverage for services that require a prior authorization from Devoted Health.

\*Costs for these services do not count toward your yearly Maximum Out-of-Pocket responsibility.

### **Non-Discrimination Notice**

Devoted Health complies with applicable Federal civil rights laws and does not discriminate, exclude people, or treat people differently on the basis of race, color, national origin, age, disability, or sex (including pregnancy, sexual orientation, and gender identity).

#### **Devoted Health**

Provides free aids and services to people with disabilities to communicate effectively with us, such as:

Qualified sign language interpreters

Written information in other formats (large print, audio, accessible electronic formats, other formats)

Provides free language services to people whose primary language is not English, such as:

Qualified interpreters
Information written in other languages

We have free interpreter services to answer any questions you may have about our health or drug plan. To get an interpreter, just call us at **1-800-338-6833** (TTY 711). This is a free service. Hours are 8am to 8pm, 7 days a week from October 1 to March 31, and 8am to 8pm Monday to Friday from April 1 to September 30.

If you believe that Devoted Health has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex (including pregnancy, sexual orientation, and gender identity), you can file a grievance with:

Devoted Health – Appeals & Grievances PO Box 21327 Eagan, MN 55121 **Fax:** 1-877-358-0711

You can file a grievance by mail, fax, or phone. If you need help filing a grievance, call us at 1-800-338-6833 (TTY 711).

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf, or by mail or phone at:

U.S. Department of Health and Human Services 200 Independence Avenue, SW Room 509F, HHH Building Washington, D.C. 20201 1-800-368-1019, 800-537-7697 (TDD)

Complaint forms are available at http://www.hhs.gov/ocr/office/file/index.html.

**English:** We have free interpreter services to answer any questions you may have about our health or drug plan. To get an interpreter, just call us at 1-800-338-6833 (TTY 711). Someone who speaks English can help you. This is a free service.

**Spanish:** Contamos con servicios gratuitos de interpretación para responder las preguntas que tenga sobre su plan de salud o medicamentos. Para acceder a un intérprete, solo llámenos al 1-800-338-6833 (TTY 711). Una persona que hable español podrá ayudarle. Este es un servicio gratuito.

Chinese (Traditional US/Taiwan): 我們有免費的口譯服務來回答您就我們的健康或藥物計劃提出的任何問題。如需口譯員,只需撥打 1-800-338-6833 (TTY 711) 聯絡我們。會說中文的人員可以協助您。此爲免費服務。

**Vietnamese:** Chúng tôi cung cấp dịch vụ thông dịch viên miễn phí có thể trả lời mọi thắc mắc của quý vị về chương trình y tế hoặc thuốc của chúng tôi. Để có thông dịch viên, chỉ cần gọi cho chúng tôi theo số 1-800-338-6833 (TTY 711). Một người nói tiếng Việt có thể giúp quý vị. Đây là dịch vụ miễn phí.

French Creole (Haitian Creole): Nou gen sèvis entèprèt gratis pou reponn tout kesyon ou ka genyen konsènan plan sante oswa plan medikaman nou an. Pou jwenn yon entèprèt, annik rele nou nan 1-800-338-6833 (TTY 711). Yon moun ki pale Kreyòl Ayisyen kapab ede w. Sa se yon sèvis ki gratis.

**Korean:** 의료 또는 의약품 플랜에 대해서 있을 수 있는 질문에 대답하기 위해서 무료 통역 서비스가 있습니다. 통역 서비스를 이용하기 위해서는 1-800-338-6833(TTY 711)에 전화하십시오. 한국어를 구사하는 사람이 도와드릴 것입니다. 이것은 무료 서비스입니다.

#### :Arabic

نوفر خدمة مترجم فوري مجانية للإجابة عن أي أسئلة قد تكون لديك بشأن خطة الرعاية الصحية أو خطة الأدوية. للحصول على مترجم فوري، ما عليك سوى الاتصال بنا على الرقم -1-803-803 (الهاتف النصى 711). يمكن لشخص يتحدث اللغة العربية مساعدتك. هذه خدمة

**Tagalog:** Mayroon kaming libreng mga serbisyo ng interpreter para sagutin anumang tanong mo tungkol sa aming plano ng kalusugan o gamot. Para makakuha ng interpreter, tawagan kami sa 1-800-338-6833 (TTY 711) Matutulungan ka ng sinumang nagsasalita ng Tagalog. Libreng serbisyo ito.

**Polish:** Mamy do Państwa dyspozycji bezpłatne wsparcie tłumaczy, którzy odpowiedzą na wszelkie pytania na temat zdrowia lub planu przyjmowania leków. Aby uzyskać pomoc tłumacza, prosimy o kontakt pod numerem 1-800-338-6833 (TTY 711). Osoba znająca język polski pomoże Państwu. Przypominamy, że jest to usługa bezpłatna.

**Russian:** Мы предоставляем бесплатные услуги устного переводчика, чтобы ответить на любые вопросы, которые могут у вас возникнуть о нашем плане медицинского страхования или покрытия стоимости лекарств. Чтобы воспользоваться услугами переводчика, позвоните нам по телефону 1-800-338-6833 (ТТҮ 711). Переводчик, владеющий русский языком, сможет вам помочь. Эта услуга предоставляется бесплатно.

**French (France/International):** Nous offrons des services gratuits d'interprétation pour répondre à toutes vos éventuelles questions concernant notre régime d'assurance santé ou médicaments. Pour obtenir les services d'un interprète, appelez-nous au 1-800-338-6833 (TTY 711). Une personne parlant français peut vous aider. Ce service est gratuit.

**German:** Wir haben einen kostenlosen Dolmetscherservice zur Beantwortung aller Fragen, die Sie möglicherweise zu Ihrem Gesundheits- oder Medikamentenplan haben. Rufen Sie uns einfach unter 1-800-338-6833 (TTY 711) an, um einen Dolmetscher zu bekommen. Jemand, der Deutsch spricht, kann Ihnen helfen. Dieser Service ist kostenlos.

Gujarati: અમારી સ્વાસ્થ્ય અથવા દવા યોજના અંગે તમને ફોઇ શકે તેવા કોઈપણ પ્રશ્નોના જવાબ આપવા માટે અમારી પાસે નિ:શુલ્ક દુભાષિયા સેવાઓ છે. દુભાષિયા મેળવવા માટે, માત્ર અમને 1-800-338-6833 (TTY 711) પર કોલ કરો. કોઇ વ્યક્તિ જે ગુજરાતી બોલે છે તે તમારી મદદ કરી શકે છે. આ એક નિ:શુલ્ક સેવા છે.

**Japanese:** 当社には、健康または薬計画に関する質問に答えるための無料通訳サービスがあります。通訳を利用するには、 1-800-338-6833 (TTY 711)までお電話ください。日本**経**話す人がお手伝いいたします。これは無料サービスです

**Italian:** Abbiamo servizi di interpretariato gratuiti per rispondere a qualsiasi domanda tu possa avere sul nostro piano sanitario o farmacologico. Per ottenere un interprete, chiamaci al numero 1-800-338-6833 (TTY 711). Qualcuno che parla italiano potrà aiutarti. Questo è un servizio gratuito.

**Portuguese (Brazil):** Contamos com serviços gratuitos de interpretação para responder a quaisquer perguntas que você possa ter sobre seu plano de saúde ou de medicamentos. Para obter um intérprete, ligue para nós pelo telefone 1-800-338-6833 (TTY 711). Alguém que fala Português poderá lhe ajudar. Este serviço é gratuito.

Hindi: हमारी स्वास्थ्य या दवा योजना के बारे में आपके किसी भी प्रश्न का उत्तर देने के लिए हमारे पास मुफ्त दुभाषिया सेवाएं हैं। कोई दुभाषिया पाने के लिए, बस 1-800-338-6833 (TTY 711) पर हमें कॉल करें। हिंदी बोलने वाला कोई आपकी मदद कर सकता है। यह मफ्त सेवा है।

This information is not a complete description of benefits. Call 1-800-385-0916 (TTY 711) for more information. Devoted Health is an HMO and/or PPO plan with a Medicare contract. Our D-SNPs also have contracts with State Medicaid programs. Enrollment in our plans depends on contract renewal.

**Devoted Dollars:** Use your Devoted Health Plans Prepaid Mastercard at any grocery or gas merchant in the U.S. that accepts Mastercard debit cards. Issued by The Bancorp Bank, Member FDIC, pursuant to license by Mastercard International Incorporated. Mastercard is a registered trademark, and the circles design is a trademark of Mastercard International Incorporated. Your use of the prepaid card is governed by the Cardholder Agreement, and some fees may apply. This is not a gift card. Exclusions apply and card is not redeemable for cash. Please note that prepaid cards are subject to expiration, so pay close attention to the expiration date of the card. This card is issued for loyalty, award or promotional purposes. More details can be found at www.devoted.com/devoted-dollars.

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Questions? Call us.

1-800-385-0916

**TTY 711** 

If you're a Devoted Health member, call:

1-800-338-6833

11Y 711

**Or text us at 866-85**